



Space to Listen, LLC

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Spiritual Direction Covenant

Covenant/Agreement for Spiritual Direction with _____

We are entering together into a spiritual direction relationship. Spiritual direction is a ministry that involves discerning and responding to the work of God in our lives for the purpose of spiritual growth and healing. Spiritual direction is distinct from other helping ministries, such as psychotherapy, pastoral counseling, mentoring or analysis. Nevertheless, in the course of our work we may discuss psychological and relational issues. Spiritual direction is also not financial advice and any decisions and actions you may take in that regard are done without my advice or recommendation and are purely your responsibility. I may refer you to another spiritual director or another helping ministry at any time at your request or in the event that I feel that another would better serve you.

I affirm that I am a member of the Evangelical Spiritual Directors Association and I ascribe to their “Code of Ethics.” If you would like more info on both ESDA and their Code of Ethics, please see <https://www.graftedlife.org/spiritual-direction/esda/code-of-ethics>

My fee is \$70 for an hour session. I ask directees to pay as they are able for my services \$40-70 per session. Payment can be made in person, mailed, or on my website via PayPal link. It is on the spiritual direction page of my website. <https://www.creatingspacetolisten.com/spiritual-direction>

I meet with directees in my home on Tuesdays, Wednesdays, and Thursdays (usually between 9 and 2pm) and at Grace Bible Church on occasion. I also meet with directees via video call or phone.

I will maintain confidentiality regarding any content that is shared during our direction sessions, including your identity. I may reveal aspects of content shared during our sessions with other spiritual directors solely for the purposes of supervision and/or consultation. I will not, however, reveal your identity, and these directors/supervisors ascribe to similar ethical guidelines. Information regarding the risk of serious harm to you or another may necessitate emergency intervention on my part, and at such times I may institute a change in this confidentiality agreement with your knowledge.

Either one of us are free to end our spiritual direction relationship at our own choosing. We simply need to inform one another of our desire to do so and, if possible, have a final meeting.

If you have any questions about our covenant/agreement, please feel free to ask me at any time.

[Name of Spiritual Director]

[Name of Directee]

Date: _____

Date: _____



Space to Listen, LLC
Directee Contact Information

NAME: _____

ADDRESS: _____

PHONE: _____ **CELL:** _____

E-MAIL: _____

Circle preferred form of communication: **TEXT** or **EMAIL**

OCCUPATION: _____ **DATE OF BIRTH:** _____

MARITAL STATUS: _____ **SPOUSE's NAME:** _____

EMERGENCY CONTACT: _____

ANYTHING THAT YOU WOULD LIKE ME TO KNOW ABOUT YOU:

WHAT WOULD YOU LIKE TO GAIN FROM SPIRITUAL DIRECTION?

